

thePost

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Mobilizing Soldiers to carry weapons in garrison

As part of the Army's policy to make training as realistic as possible, Soldiers mobilizing at Fort Dix will carry their individual weapons while in garrison, beginning Sept. 18. This policy is an addition to Theater Immersion Training. Soldiers will be issued their weapons as soon as possible after arrival on post, and will carry them throughout their training.

NEWSNOTES

Retiree Appreciation Day offers information to go

Fort Dix will open its doors to military retirees from all services Sept. 16 for information updates on benefits, the state of the Army and some red, white and blue entertainment from the USO.

Griffith Field House will open at 8 a.m. with refreshments available and County Fair Information Booths ready to distribute information and offer a variety of medical screenings.

Opening ceremonies for the Retiree Appreciation Day begin at 10 a.m., with posting of the colors and introduction of guest speakers by George A. Waters Jr., chairman of the Retiree Council.

The USO will present entertainment at 11:30 a.m., and the County Fair Information Booths will be open until 1 p.m.

The Fort Dix Museum, located on Pennsylvania Avenue next to the Thrift Shop, will be open from 8 a.m. to 4 p.m. the day of the event.

Andrews FCU to host free credit seminar

Andrews Federal Credit Union is hosting a free seminar entitled "Solving the Mysteries of Credit" at its Wrightstown Branch Sept. 26 from 5:30 to 7 p.m., and at the McGuire AFB Family Support Center Oct. 2 from 1 to 2:30 p.m.

To register by Sept. 22 call 1 (800) 399-4066 or visit www.andrewsfcu.org.

Basic Training for Small Business coming to ACS

Army Community Service will host Basic Training for Small Business Sept. 26 from 5:30 to 7:30 p.m. in Bldg. 5201 Maryland Avenue. This workshop will cover the four major points of marketing: Product, Price, Promotion, Place (Distribution) and how to use them to effectively build your small business.

To register and for access to Fort Dix, call 562-2186 or (856) 225-6221.

Disclaimer: This opportunity is not an endorsement of the company or the company's products or services by Army Community Service, Fort Dix or the United States Army.

Public Lands celebration coming to Laurel Pond

Volunteers are needed as Fort Dix will celebrate Public Lands Day at Laurel Pond Sept. 30 from 10 a.m. to 3 p.m. Projects will include plantings, clean-up and other environmentally-friendly tasks.

Refreshments will be served, and t-shirts will be given to the first 100 volunteers. Remember to dress for yard work.

For more information or to register, call 562-2467.

WEATHER

FRIDAY -- Cloudy, chance of light rain showers through evening, high of 73 and low of 60 degrees.

SATURDAY -- Rain, gusty winds, high of 75 degrees and overnight low of 59.

SUNDAY -- Clear and warm, high of 80, low of 59 degrees.

MONDAY -- Partly cloudy, slight chance of showers, high 81 and overnight low of 62 degrees.

TUESDAY -- Partly cloudy, breezy, high of 81 degrees and overnight low of 62.

Big Top Time!



Ed Mingin

Star performer Isla, an Asian Elephant with Carson and Barnes Circus, helps set up the big top tent at Fort Dix for shows today at 5:30 and 8 p.m. off Wrightstown Circle.

Reserve launches new commands

(Fort McPherson, Ga.) -- The U.S. Army Reserve will stand up four new commands Sept. 16 to provide personnel, information management, facilities and equipment support to the Army Reserve units in their geographic area.

The Regional Readiness Sustainment Commands (RRSCs) are a continuation of the transformation plan that was announced in September 2005.

As these four new organizations stand up, they will take the place of the ten Regional Readiness Command (RRC) headquarters in providing base support to Army Reserve units in their

The 99th RRSC will stand up at Fort Dix. Its name and lineage are from the 99th RRC, Coraopolis, Pa., and its area will include Virginia, West Virginia, Maryland, Delaware, New Jersey, Pennsylvania, New York, Rhode Island, Massachusetts, New Hampshire, Connecticut, Vermont and Maine.

respective regions. The new commands, designated as the 63rd, 81st, 88th and 99th RRSCs, will stand up in a carrier status, which will pave the way for assigning personnel as the transformation effort continues.

The 99th RRSC is being organized at Fort Dix.

Its name and lineage are from the 99th RRC, Coraopolis, Pa. Its area will include Virginia, West Virginia, Maryland, Delaware, New Jersey, Pennsylv-

vania, New York, Rhode Island, Massachusetts, New Hampshire, Connecticut, Vermont and Maine. The Commander of the 99th RRSC is Brigadier General William Monk III. This RRSC will begin its initial operating capability not later than the second quarter of FY 2007.

The contract to build the 99th RRSC headquarters at Fort Dix has been awarded, and is slated for completion in early 2009. The project will include a 163,000-square-foot headquarters facility to be located between Pennsylvania

(continued on page 3)

Rescue unit nets capsized fisherman

Wayne Cook
Public Affairs Staff

What started out for Joseph Chartier as a day of relaxation on the lake trying to catch a fish or two ended up with him being the catch of the day for members of the Fort Dix Fire and Rescue unit.

Chartier, of Yardville, put out to the middle of Lake of Woods in his small dinghy and cast his line, then settled down for some slow trolling waiting for the big one to bite.

Chartier leaned backwards to make a slight adjustment to the throttle on his trolling motor when over he went. The boat capsized and Chartier and his fishing gear ended up taking an unscheduled swim.

According to Asst. Fire Chief Tom Trembula, Station Two, an alert fisherman on the shore noticed the incident and immediately called the Fire Department for help.

The Fire and Rescue unit responded and firefighters Troy Perkins, Wayne Wharton, Brad Ponto, Tom Prochiuk, Bill Wilkinson, and Len Dotson set about pulling Chartier and his vessel from the drink.



Fort Dix Fire Department

CATCH OF THE DAY -- Joseph Chartier of Yardville sits in his dinghy after both were fished out of Lake of Woods by Fort Dix firefighters assigned to Station 2 - Troy Perkins, Wayne Wharton, Brad Ponto, Tom Prochiuk, Bill Wilkinson, and Len Dotson. Chartier capsized his boat in the middle of the lake while enjoying a fishing day out September 11.

Visit Fort Dix on the Internet at <http://www.dix.army.mil>

Steve Snyder
Public Affairs Staff

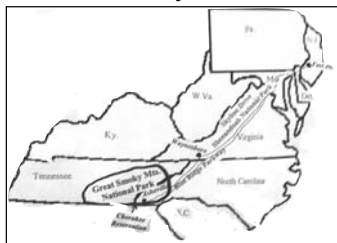


Steve Snyder

Steve Snyder

photo by Jim Doane from Great Smoky Mountains calendar 2002

Jack Kerouac, On The Road



Steve Snyder

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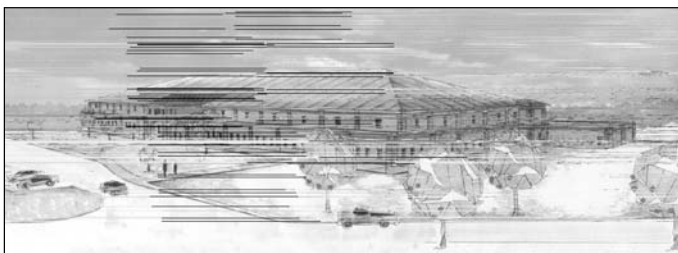
photo by Thomas Kirkland from
Great Smoky Mountains
calendar 2002

Steve Snyder

HER

the Post

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The delivery of your Fort Dix Post newspaper is handled by the Burlington County Times. If for some reason you are not satisfied with the service of your newspaper, please call us direct, 871-8000.



ON THE HORIZON — This architect's rendering shows the design of the 99th Reserve Readiness Support Command Headquarters slated to be built at Fort Dix by Fiscal Year 2009.

New commands

(continued from page 1)

and Maryland Avenues along South Scott Plaza, and an operational maintenance facility and unheated storage facility, both to be located off Range Road.

Each new RRSC will be comprised of approximately 338 people, including 217 full-time civilian employees, 38 full-time Active Guard / Reserve (AGR) Soldiers, as well as 83 drilling Army Reserve Soldiers.

The current RRC staffing levels average 180 full-time employees and an average of 296 drilling Army Reserve positions.

All four RRSCs will begin their initial operating capability (IOC), in phases, throughout fiscal year 2007.

The current RRCs will disestablish in phases by FY 09 as the RRSCs become fully operational. New, smaller commands will establish in place of many of these RRCs.

The command and control and training and readiness oversight functions currently performed by RRCs will be accomplished by functional or operational commands.

In concert with the Global War on Terrorism, the Army Reserve maintains its priority

focus on re-aligning these operational and functional commands in order to sustain force deployments in support of Operations Iraqi Freedom, Enduring Freedom and Noble Eagle.

These commands will include the Army Reserve Medical Command, Military Intelligence Readiness Command, Civil Affairs and Psychological Operations Command, 11th

Tennessee, North Carolina, South Carolina, Georgia, Alabama, Louisiana, Mississippi, and Florida.

The Commander of the 81st RRSC is Major General Charles E. Gorton. His previous assignment was Commander of the 84th United States Army Reserve Readiness Training Command, Fort McCoy, Wisconsin.

Each new RRSC will be comprised of approximately 338 people, including 217 full-time civilian employees, 38 full-time Active Guard / Reserve (AGR) Soldiers, as well as 83 drilling Army Reserve Soldiers. The current RRC staffing levels average 180 full-time employees and an average of 296 drilling Army Reserve positions.

Theater Aviation Command, 335th Theater Signal Command, 200th Theater Military Police Command, 377th Theater Sustainment Command, and 412th and 416th Joint Theater Engineer Commands.

The 81st RRSC is being organized at Fort Jackson, S.C. Its name and lineage comes from the 81st RRC, Birmingham, Alabama. Its geographical area will include Kentucky,

The 81st will be the first RRSC to begin its IOC, projected for not later than 1st quarter of FY 2007.

The 88th RRSC is being organized at Fort McCoy, Wis. It takes its name and lineage from the 88th RRC, Fort Snelling, Minn. Its geographical area will include Washington, Oregon, Idaho, Montana, Wyoming, Utah, Colorado, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa, Missouri, Wisconsin, Illinois, Michigan, Indiana, and Ohio.

The Commander of the 88th RRSC is Major General James R. Sholar. His previous assignment was commander of the 90th Regional Readiness Com-

mand North Little Rock, Arkansas.

This 88th RRSC will begin its IOC, projected for not later than the 4th quarter of FY 2007.

The 63d RRSC is being organized at Moffett Field, Ca., taking its name and lineage from the 63d RRC, Los Alamitos, Ca. Its geographical area will include California, Nevada, Arizona, New Mexico, Texas, Oklahoma, and Arkansas.

The Commander of the 63d RRSC is Maj. Gen. Bruce A. Casella. His previous assignment was commander of the 311th Corps Support Command, Los Angeles, California.

This 63d RRSC will begin its IOC, projected for not later than the 4th quarter of FY 2007.

"The result of the reshaping of our force will be a more streamlined command and control structure and an increase in ready, deployable assets; an operational force to support the global war on terrorism," said Lt. Gen. Jack Stultz, Chief of the Army Reserve. "The active Army requires the complementary skills we provide. We must change to meet these requirements and make the world safe for our families and fellow citizens, now and for the future."

In order to accelerate momentum in transformation, the Army Reserve is conducting Base Realignment and Closure Act actions, modularity and force restructuring in concert with the Army Campaign Plan. These and other initiatives underway now are essential for the Army Reserve's readiness and relevance as a Federal force in support of our National Security Strategy.

They will accomplish the following:

- *Ensure more focused and efficient management, increasing units' and Soldiers' readiness
- *Increase the number of Army Reserve units and Soldiers available for deployment
- *Provide improved facilities and more effective training to Army Reserve Soldiers
- *Streamline the command and control of Army Reserve forces
- *Increase the number of Soldiers in specialties needed to support the Global War on Terrorism
- *Improve Army Reserve business, resourcing, and acquisition processes

Who's authorized to shop at your AAFES facilities?

AAFES News, Sept. 13 - DALLAS - From Fort Bragg to Baghdad, military installations the world over are home to more than 3,000 Army & Air Force Exchange Service (AAFES) food, entertainment and retail options. From contractors to tourists to guests, Army posts and Air Force bases host a variety of visitors who often ask, "Who's authorized to shop these facilities?"

"That's probably the most common question I receive," said AAFES' Senior Enlisted Advisor Chief Master Sgt. Bryan Eaton. "It stands to reason that visitors want to take advantage of the tax relief and competitive prices they've heard so much about, but AAFES doesn't decide who is or isn't authorized."

Exchange service authorization actually begins with the House Armed Services Committee and ultimately ends with the installation commander.

The guidelines prescribed by Army Regulation 60-20 and Air Force Joint Instruction 34-210, require proper identification of

authorized customers including uniformed personnel and members of the Reserve Components and family members, applicable Department of Defense (DoD) civilians, exchange associates and retirees who possess a basic exchange purchase privilege authorization card.

Some government civilians also enjoy exchange shopping privileges when they are assigned or TDY overseas; or "TDY and residing" in government quarters on posts/bases in the United States.

The access of authorized customers' guests is regulated by installation commanders who are empowered by service regulations to determine the guest policy for the main exchange at their respective base/post.

While authorizations governing who can buy merchandise and services can vary from location to location, the doors to AAFES' 2,109 food facilities, including 1,806 name and signature brand outlets, are open to virtually anyone. In fact, DoD policy allows all federal government employees and even instal-

lation visitors to dine at AAFES restaurants as long as their orders are consumed on the installation.

Anyone who believes they may qualify for exchange benefits including access to the main exchange should contact his or her local AAFES manager for additional guidance as well as information regarding possible exceptions at specific PX/BX locations. Store-level contact information is available online at www.aafes.com under the BX/PX "Store Locator" link.

The Army & Air Force Exchange Service (AAFES) is a joint command of the U.S. Army and U.S. Air Force, and is directed by a Board of Directors who is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff. AAFES has the dual mission of providing authorized patrons with articles of merchandise and services and of generating non-appropriated fund earnings as a supplemental source of funding for military Morale, Welfare and Recreation (MWR) programs.



Fort Dix native son takes Virginia detour

Steve Snyder
Public Affairs Staff

Fort Dix's Deputy Director of Logistics was born Sept. 18, 1956 at what was then the Fort Dix Army Hospital. In succeeding years, Col. John Gifford pursued a career in the Army that threw him around the world but also included long work tenures at the post where he began life. Recently, Gifford received orders to report to Fort Lee, Va. for a new assignment. But two things appear certain. It won't be his last assignment, military or civilian, and, sooner or later, he'll return to the place which shaped so much of his life.

Sgt. 1st Class Nicholas D'Alessandro, who works in DOL for the Mobilization Readiness Bn., describes Gifford as "A great Soldier, a mentor and a friend. (He was) always mission first but never at the expense of a Soldier's welfare."

Gifford's father, now deceased, was in the Army and



Col. John E. Gifford Jr.

November 1991

the family lived in the Cape May region for years before moving to Browns Mills. An avid soccer and tennis player, Gifford graduated from Pemberton High School in 1974. Attending Rider College for a year, his money ran out when his dad died and he joined the Army in 1980, com-



Pvt. Gifford
August 1980
Basic Training
Fort Benning,
Ga.

pleting basic training and AIT at Fort Benning, Ga.

"They told me I was a lifer right away because I had signed the longest enlistment contract of anyone in my unit," he recalls, chuckling.

Gifford was also gung ho about the infantry and put the rest of his body where his mouth was, serving as a second generation (his father had served there) member of the "Manchus." Soldiers from the 1st Bn., 9th Infantry Reg., 2nd Infantry Division, patrolling the demilitarized zone in Korea where American Soldiers didn't hesitate to fire back when under sniping attacks from North



Pfc. Gifford
Assistant Operations NCO
1st Bn., 9th Inf. Reg., 2nd ID
Camp Greaves, Korea 1981

Koreans.

Completing Officer Candidate School at Benning in November 1982, Gifford was assigned to the Transportation Corps which opened up vistas he had never considered.

"The Army has more floating craft than the Navy," he informs, "in order to support operations." Sure, Marines, who belong to the Navy, land first and fight to secure beachheads but Soldiers follow to keep it secure and the Army has lots of boats to execute that process.

One of his most memorable assignments in Transportation was a Iskenderun, Turkey, where he was involved in track-



Pfc. Gifford meets future
Army Chief of Staff, Gen.
John Wickham at Camp
Greaves, Korea, near the
DMZ in 1982

ing ship traffic when the Cold War was still thriving in 1987. The duty enabled him to see many parts of the exotic Mid-East.

Gifford returned to work at Dix in February 1995, serving as OIC for the 309th Reg., 2nd Bde., 78th Div. before moving on to successive jobs here until being activated in October 2001. He now lives in Red Bank, close enough to date on at least two of his children. Son Sean, 22, lives in Beach Haven and is starting school at Stockton College in Pomona; Erin, 21, is a junior at Georgian Court University in Lakewood who's majoring in psychology and education and Jennifer, 19, lives in Nashville, attending Tennessee State.



BORN LIFER -- Pfc. John Gifford patrols the perimeter during Advanced Individualized Training (AIT) at Harmony Church on Fort Benning, Ga., not long after he completed basic training there. Gifford says he "loved AIT because we got into the meat of infantry training, into specialized techniques" that went beyond basic training. Holding an infantry MOS, Gifford recalls that "it was here that everybody discovered that not everyone can be an infantryman."



EXOTIC ASSIGNMENT -- Capt. Gifford had a chance to tour parts of the Middle East when he served as Port Operations Officer for the Military Traffic Management Command at Iskenderun, Turkey in 1987 and the early part of 1988. The traffic he kept track of was primarily ship traffic and duty uniform was civilian clothes so as not to become too obvious to busy bodies in the area.



SUDSY SOIREE -- Capt. John Gifford, a member of the 329th Transportation Co.'s "masters of the pub" at Fort Eustis, gets into the spirit of a change of command party in 1991.

Thanks to Rob Simpson, Network administrator for DOC, for scanning pictures

photos courtesy of
Col. John Gifford



WAITING TO EXHALE -- Flanked by Sgt. Maj. Jim Wilson from England's 4th Parachute Brigade, Col. Gifford relaxes at the airport at Cherbourg, France, in June of this year, waiting to parachute into Normandy as part of commemorative ceremonies. Gifford gained his airborne wings in 1983.



SOLDIER AT SEA -- 2nd Lt. John Gifford from the 1098th Transportation Co. out of Fort Eustis, Va., rides in a medium boat in exercises off Honduras in 1983. "The Army has more floating craft than the Navy," Gifford informs, to support operations of an amphibious nature. Gifford has spent a good part of his career around ports and boats in the Transportation Corps.

NEIGHBORHOOD

THE CORNER

Seminar on veterans' benefits coming soon

The Army Family Advocacy Program and Veteran Affairs Services are hosting "Know Your Benefits" Sept. 18 from 5:30 to 6:30 p.m. in Bldg. 5201 Maryland Avenue.

Veterans can learn how to access VA compensation/benefits, medical counseling services, financial grant assistance for auto repair, rent/mortgage services and day care service.

Call Deraurah Wilson, Family Advocacy Program educator, at 562-4830 for more information.

Art Therapy sessions coming to ACS

Army Community Service is hosting Art Therapy sessions for kids 4-13 years of age. The sessions will be held Sept. 19 and 26 in Bldg. 5201 Maryland Avenue. Sessions run from 4:30 to 5:30 p.m. for kids ages 4-8, and 5:30 to 6:30 p.m. for kids ages 9-13. To register, call 562-2767 or 1 (800) 877-2380.

True colors

Barbara Worth, DOL, dons red, white and blue in support of the 9-11 Remembrance and Patriot Day Sept. 11.



Parenting During the Early Years seminars starting

Army Community Service will host its 10-week Parenting During the Early Years course beginning Sept. 19 in Bldg. 5201 Maryland Avenue. Seminars will be held Tuesday evenings from 6 to 8 p.m. Those interested must commit to all 10 sessions. Child care is available and must be registered for in advance in Bldg. 5203 Maryland Avenue.

Call Deraurah Wilson, Family Advocacy Program educator, at 562-4830 for more information.

Free medical exams for vets in Ewing

Free medical exams for veterans will be held Sept. 20 from 10 a.m. to 2 p.m. at the Trenton Vet Center, 934 Parkway Avenue in Ewing. Call 882-5744 for more information.

Lunch & Learn Series coming to Dix school

The Fort Dix Elementary School will host the Lunch and Learn Series Sept. 21 with Avoiding Homework Hassles and Sept. 28 with Building a Parent-Teacher Relationship.

The seminars will be held from 11:30 a.m. to 12:30 p.m. Call Deraurah Wilson, Family Advocacy Program educator, at 562-4830 for more information.

And don't forget to bring your lunch!

Chinese auction coming to Cookstown VFW

The Cookstown VFW Post 6590 will host a Chinese auction Sept. 23 at 5 p.m. to benefit the families and deployed Soldiers of Delta Company, 250th BSB.

The \$10 admission fee includes 10 raffle tickets and refreshments. Call Linda Rigby at 877-2956 for more information.



Wayne Cook

School offers new digs for library, lab

Mark Cowell, superintendent, Pemberton Township School District, center, breaks ground for the new library and computer lab during a ceremony at the Fort Dix Elementary School Sept. 8. Joining Cowell are members of the architect team, the school board and district staff, Lt. Col. Roger Cotton, deputy installation commander, and the staff and students of the school. The 6,600-square-foot facility is slated for completion in March or April 2007.

Spouses' Club set for annual signup event

The Fort Dix Spouses' Club is holding its annual Super Signup event Sept. 20 from 10:30 a.m. to 12:30 p.m. at Club Dix. Those eligible for membership are: All spouses of active-duty, reserve-component and retired service members; federal civil-service employees and their spouses; active-duty or reserve-component service members.

The event will host Arbonne, Close to My Heart, Longaberger, Mary Kay, Memory Works, Pampered Chef, Party Lite, Stampin' Up, Southern Living, Tastefully Simple, Woolbearers and more.

Members of the Spouses' Club can participate in the book club, cooking club, hobby/craft time, luncheons, volunteering, and other events.

The club also runs a Thrift Shop located on Pennsylvania Avenue. Hours are Tuesday through Thursday from 10 a.m. to 2 p.m., the first Wednesday of the month from 4 to 8 p.m., and the first and third Saturdays of the month from 10 a.m. to 2 p.m.

For more information, call Susan Dukavas at 723-2784 or Susan Crawford at 234-9758. You can also send e-mail to jdukavas@comcast.net or scrcrawford@comcast.net.



Air Force Tech. Sgt. Mark Olsen, Public Affairs Office, NJ Department of Military and Veterans Affairs

Troops stay fit to fight at fair

Staff Sgt. Daniel Opperman Jr., 177th Fighter Wing Medical Group, left, explains the results of a cholesterol test to Sgt. 1st Class Charley Kuschner, right, during the Health and Fitness Fair held at the Joint Training and Training Development Center at Fort Dix Sept. 7.

Domestic violence everyone's concern

Deraurah B. Wilson
Family Advocacy Program educator

Every year millions of people — 5.3 million women and 2.2 million men — become involved in or remain in an abusive relationship. How does this happen? Who does this happen to?

Reality is, domestic violence can happen to anyone at anytime. It occurs in all socioeconomic classes, educational levels, ages, whether you are married or not, and backgrounds. A victim of domestic violence does not have any particular personality type. But, one thing most victims have in common is that society tends to blame them for the abuse in a relationship.

Far too often, victims are looked at as the cause of the battering when, in fact, they are not. A victim does not control when beatings occur and how severe the beatings are. In fact, most beatings — emotionally, psychologically, and/or physically — are unpredictable and they tend to increase in frequency and severity no matter what the victim does or says.

And, what about the children, are they affected? Do they suffer? Definitely, children who witness the above are being emotionally abused.

They will grow up thinking that violence is acceptable and most likely will repeat the cycle throughout their adult life. Statistics show that girls who witness domestic abuse have a greater risk of becoming a victim, and boys who witness have a greater risk of becoming batterers.

The good news is that this vicious cycle of domestic violence can be stopped. Many victims, after receiving help, go on to rebuild their lives free from violence. There are many programs designed to help the victim regain control of their life.

The Family Advocacy Program,

located in the Army Community Service building, does just that. It offers a variety of different services, ranging from educational classes to advocacy to counseling. It is designed to take care of the entire victim.

We all have a responsibility to end abuse. If everyone would begin to take a stand against violence in society as a whole, many people would have to answer for the pain and torment they have caused another human being. Domestic violence is a societal issue that must be addressed by the members of the society. We can no longer accept our neighbor's screams as not being "our business."

Once you are aware of the issue, you have a choice to help find a solution or ignore the problem altogether. It may not affect you now, but eventually it will. It could be you, your brother, sister, or best friend the next time. To ignore the problem is to deny a victim a chance at a solution.

For more information about domestic violence, classes, and trainings, please call the Family Advocacy educator at 562-4830.

If you or someone you now is suffering in an abusive relationship, call the confidential hotline at 694-8742, 24 hours a day, and seven days a week.

Domestic Violence Awareness Month Activities

Oct. 2 — Joint Base Proclamation Signing
1:30 — 2 p.m. at the McGuire 305th Med Group Clinic

Oct. 3 — Securing Your Financial Freedom
11:30 a.m. — 12:30 p.m. at the McGuire Family Support Center

Oct. 4 — Information Booth
11 a.m. — 1 p.m. at the AAFES Food Court

Oct. 5 — How to Avoid Becoming a Victim: Self Defense Class
6 — 7:30 p.m. at the Fort Dix DoD Training Building

Oct. 7 — PREP: Couples Communication Class
8:30 a.m. — 4:30 p.m. at Chapel 2, Falcon Courts North

Oct. 12 — Assertiveness: "Finding Your Voice"
8 a.m. — noon at the McGuire Family Support Center

For the remainder of the October's activities call:

the Fort Dix Family Advocacy Program at 562-5200
the McGuire Family Advocacy Program at 754-9677
or check next week's edition of The Post

Scout's project gift to future generations

Shawn Morris
Public Affairs Staff

When 17-year-old CJ Haug completes his Eagle Scout project at the Laurel Pond Recreation Area, thousands of children will be afforded new opportunities to learn about the environment.

But one child who won't be able to enjoy CJ's contribution is his sister Elise, who was killed by a motor vehicle on McGuire Air Force Base Oct. 15, 2005.

CJ can't bring her back, but he is honoring her by dedicating the new environmental boardwalk he built to her memory.

"My sister liked doing all kinds of ecology things," explained CJ, a member of McGuire's Troop 18.

"She was a big environmentalist," added Air Force Master Sgt. Christopher Haug, CJ's father. "When this project came around, we felt that Elise would have been out here helping us."

This Eagle Scout project is the latest in a series of team efforts between scouting and the Fort Dix Environmental Division.

"Over the past three years, there have been nine Eagle Scout projects that have improved the recreational and educational opportunities at Laurel Pond, Camp Dix at Willow Pond, and new signage at Lake of the Woods," explained Roger Smith, Fort Dix Natural Resource Management scientist.

"Many of these projects would never have gotten done due to money restraints," Smith continued. "By using Eagle Scout candidates, with the volunteers they recruit, the cost of the project is for material only and about 1/3 the cost."

"(CJ's boardwalk) will provide access to the stream and adjoining wetlands for environmental education opportunities," Smith added.

While Fort Dix benefits from the Scouts' work on various pro-

jects, the Scouts also gain valuable experience, according to Smith.

"The Scout uses leadership skills to develop a project; this is a life-long skill that helps the Scout, his family and friends, and the community," he said. "We at the Natural Resource Office are only the idea planner and facilitator. The Scout makes it happen and the Fort Dix community benefits."

"Fort Dix has been very helpful to the Scouts," added Master Sgt. Haug.

"It's a good experience overall, learning leadership and helping you grow up," said CJ, who

will put his scouting experience to good use at Texas A&M University, where he plans to study aeronautical engineering while

"Over the past three years, there have been nine Eagle Scout projects that have improved the recreational and educational opportunities at Laurel Pond, Camp Dix at Willow Pond, and new signage at Lake of the Woods."

Roger Smith
Natural Resource
Management scientist

adhering to a chain-of-command.

"There's a pretty good chance he'll stick it out," said Haug of his son, who has been

in Scouting since he was 6 years old in England, Hawaii and New Jersey.

To become an Eagle Scout, one must be active in a troop and patrol for at least six months as a Life Scout, demonstrate Scout spirit by living the Scout Oath and Scout Law in everyday life, earn a total of 21 merit badges, serve actively for a period of six months in one or more positions of responsibility, give leadership to others in a service project helpful to the community, take part in a Scoutmaster conference, and successfully complete an Eagle Scout board of review.

The Eagle Scout rank is the highest advancement rank in Scouting. Only about five percent of all Boy Scouts achieve Eagle Scout, accounting for the more than 1.7-million Boy Scouts who have earned the rank since 1912.



WHERE EAGLES DARE
CJ Haug, a member of Boy Scout Troop 18 from McGuire Air Force Base, below center, builds a boardwalk at Laurel Pond as part of his bid to become an Eagle Scout. Haug had many helping hands to work on his project, including fellow scout Jon Hibbard, below left. The completed boardwalk, left, will provide access to the stream and adjoining wetlands for environmental education opportunities. During the past three years, the Natural Resource Office has overseen nine Eagle Scout projects completed at various recreational areas on post.

photos by Shawn Morris





MILITARY MATTERS

Training center gets new CO

Sgt. 1st Class David Moore
JFHQ-PAO

The former executive officer of the National Guard Bureau's Joint Training and Training Development Center, Fort Dix, took the helm of the premier simulation training site on Sunday.

In a traditional change-of-command ceremony, Col. Anthony Formica accepted the organization's colors from Col. James J. Grant, who now moves on to the position of New Jersey Army National Guard chief of staff overseeing operation of the thousands of Garden State Soldiers.

Formica said as he prepared to take command, he stepped in each of the organization's shops. He said he realized then the immense facility that covers various training strategies for Soldiers deploying and communities for homeland defense training.

"We will continue to build on the successful framework that was put in place under Col. Grant's leadership," Formica said of the Guard's virtual and simulated exercise driven training platform used by nearly 90,000 Soldiers who deployed for the Global War on Terrorism.

Maj. Gen. Glenn K. Reith, the adjutant general of the New Jersey National Guard, said he asked Grant two years ago to improve the strength of the facility's staff and devise a plan

CHANGE OVER! -- Col. Anthony Formica receives the colors and command of the National Guard's Joint Training and Training Development Center.



Sgt. 1st Class David Moore

that supports the community.

"Today the strength of J2TDC has gone from 96 percent to 124 percent in manning. This year, the Boy Scouts were hosted for a program," Reith said.

The J2TDC also formed a task force this past year that showed the foundation of the Guard when it traveled to New Orleans for Hurricane Katrina relief operations in a program that developed into "Neighbors helping Neighbors."

It was the first time a task force from the J2TDC served as a command and control unit with subordinate infantry, artillery, and other combat service support units under its operational control to provide a safe and secure environment for

New Orleans residents.

Both Grant and Formica worked together in that operation.

Grant, of Burlington County and a recently retired major from the New Jersey State Police, is married to the former

Betteanne Roche, and their daughter, Kelly, graduated from Cabrini College, Philadelphia. During the change-of-command ceremony, Grant received a Meritorious Service Medal from the state's adjutant general.

Grant reflected on one of the toughest jobs he had as commander - when he talked to his first Soldier who was being assigned to a unit going to Iraq.

"After our conversation, the Soldier said, 'Where and when am I required to report. This is

why I'm in the Guard.' This situation has repeated itself several times since I've been commander and each one understands their mission," Grant said.

The new commander, Formica, entered military service in 1974, and later served with the Southern European Task Force in Vicenza, Italy. He enlisted in the Army National Guard where he first served as an infantry Soldier and was commissioned a second lieutenant in June 1979. As an infantry officer he served in various leadership positions. The Trenton State College graduate also served as an assistant professor of military science at Seton Hall University.

Formica, while serving as the executive officer of the 2nd Brigade, 78th Division, became the deputy defense coordinating officer for all Department of Defense federal forces working in support of rescue and recovery operations after the terrorist attack on New York City Sept. 11, 2001.

He later served as the commander of the Soldier Support Battalion, which became a model for the Recruit Holding Company concept. Besides being a graduate of the Command and General Staff College course, his writings on military future development have been incorporated with the U.S. Army's bibliography on transformation.

Formica and his wife, Caroline Marchitto, live in Hunterdon County with their son and daughter.

Eye on PMI



Sgt. 1st Class Hubert Townsend
Small Arms Readiness Group

Here's a quick way to understand what parallax is. Put your right index finger on the palm of your left hand. Place the palm at arms length away from you. As you move your head side to side you notice that the finger (reticle) stays on the same place on the hand (image/target).

Now, lift your finger an inch or two off of the palm. When you move your head side to side, you will now notice that the finger covers different parts of the palm and no longer is on the same place. This is a quick understanding of what parallax is in a scope or optic. This can affect a shooter's accuracy hugely as all optics/scopes have some parallax at some range.

The M68 - Close Combat Optic DOES have parallax when used under 50 meters. Unfortunately, we zero this at 25 meters. What this means is that to get an accurate zero, the red dot must be exactly in the middle of the big lens. For each dot width that the shooter doesn't have the dot exactly in the middle when zeroing, then he will be off downrange by 4 MOA (Minutes of Angle). This means 4 inches off at 100 yards, 8 inches off at 200 yards, etc.

This is obviously a huge inaccuracy factor and contributes to unqualified shooters returning to our classroom. This parallax issue is also the reason that the manufacturer recommends that its product be zeroed at 100 meters, not 25 meters.

The ACOG (Advanced Combat Optical Gunsight) manufacturer of this popular four-power scope also recommends that its product be zeroed at 100 meters. I recently found out why; my scope was zeroed at 100 meters and was "spot on" for the past five years. Indeed, my M16A2 took second at the 500-yard line at its last international combat competition. However, when we recently went to zero on the 25-meter range just prior to going to the pop-up range for annual qualification, my rounds were way off the zero target center, 15 clicks to be exact, or 5 MOA.

I couldn't believe that parallax at that distance was so huge. But it was. And I know doggone well that I have a consistent cheek-stock weld and consistent eye relief and consistent position. I didn't waste my time shooting the pop ups with my newly zeroed weapon, but went out to Range 15, the known-distance range, and shot a group at 100 yards. Indeed, it was off the expected 5 inches that I had adjusted it to be on at the 25-meter target.

It is now back "spot on" out to 600 meters, but I will never again attempt to re-zero it at any range less than the recommended 100 meters. The manufacturer was right, for a reason. And that is the reason ACOG tells its buyers in its owner's manual to sight in at that distance, so parallax doesn't effect its shot placement so much.

This parallax issue is yet another reason that we advise shooters who have zeroed at 25 meters, that they have a "nero" and that for maximum accuracy they need to shoot and confirm their shot placement at farther distances.

Editor's note: Townsend holds the Distinguished Rifle and Pistol Badge, shoots with the United States Army Reserve international combat team and is a National Rifle Association certified instructor. He welcomes all comments at Hubert.townsend@us.army.mil

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Announcements



Movie Schedule at the McGuire AFB Theatre Movie Hotline 754-5139

Friday, Sept. 15 @ 7:30 p.m.
Talladega Nights: The Ballad of Ricky Bobby - Will Ferrell and John C. Reilly hit the NASCAR speedway to interview each other about double chins, blind hairstylists ... and oh yeah, racing.

MPAA Rating: PG-13 - crude and sexual humor, language, drug references and brief comic violence

Run Time: 1 hr. 50 min.

Saturday, Sept. 16 @ 7:30 p.m.
Barnyard - Kevin James, S. Scott Bullock, Courteney Cox

Barnyard is a lighthearted tale centering around Otis (voiced by Kevin James), a carefree party cow, who enjoys singing, dancing and playing tricks on humans. Unlike his father Ben (voiced by Sam Elliott), the respected patriarch of the farm, and Miles, the wise old mule (voiced by Danny Glover), Otis is unconcerned about keeping the animals' humankind talents a secret. But when suddenly put in the position of responsibility, the "addictive" irresponsible cow finds the courage to be a leader.

MPAA Rating: PG - some mild peril and rude humor

Run Time: 1 hr. 30 min.

Main Chapel

562-5791/562-2020

Sunday services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 8:15 a.m.

Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services

held at noon, Monday through Thursday - Room 24

Adult Bible Study

Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel

hold a Bible Study - Tuesdays, 9:30 a.m. to noon

Jewish Services

Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDOUSH Fellowship
Holiday Rosh Hashanah Services

Friday, September 22 - Evening Service - 6:30 p.m.

Saturday, September 23 - Morning Service - 10 a.m.

Sunday, September 24 - Morning Service - 10 a.m.

Chapel 5 (Bldg. 5950) 562-4847

Memorial Prayer Service for Our Soldiers

5:45 p.m. each Sunday

Computer Room: Mon. - Fri.

9 a.m. - noon / 2-4 p.m. and 5-8 p.m.

Infant Baptism and Lutheran Confirmation

Instruction by appointment

Organizations

Boys and Girls Club Day for Kids

"Share a Moment, Create a Memory, and Make a Kid's Day!" Bring your kids out on Saturday **September 16** from 1-4 p.m. at the Youth Center for a day of fun. Celebrate time with your kids and share in the experiences of face painting, Vollyball, Family Relays, Youth Sports, Basketball Family Pictures, and much, much more. Parents must accompany their children. For more information contact the Youth Center at 562-5061.

Register for yard sales

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters, but no other signs may be placed in housing area. Call 562-5061 for the Yard Sale information, introduction.

CYS Program Vacancies

Child and Youth Services has slots available in full day care for children ages two to five years old. Openings are also available for before and after school care for youths in kindergarten through eighth grade. For more information call 562-4702.

Fort Dix Mentor Program

All mentors—seasoned, new, or those wishing to apply or learn more about the Fort Dix Mentoring Program. For information call Anna Cooper, school liaison officer, at 562-6271. Make a difference in a child's life.

Black History committee

The Fort Dix Black History Observation Committee is looking for volunteers to help with annual celebrations. Call Veverly Wakefield at 562-4036 for more information.

Playgroups for age 4 and under

Are you interested in forming a free playgroup for children 4 years and under? We have the ideal place to hold weekly meetings in our child care room in the Fort Dix Child and Youth Services Central Enrollment Registry building 5203 Maryland Ave. Parents need to come with their children to play with them and share experiences and ideas with other parents. This is a great time to allow your child and yourself some social interaction. If interested, please call 562-2242/4702.

24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spousal Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of
Defense Police Department in Bldg.
6049 on 8th Street.



Army Community Service

September Schedule

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:

Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:

Tuesday - Friday noon to 6 p.m.

September Schedule

September 15, 18 - 21

Power Hour
2:30 - 6 p.m.
Computer Lab
4 - 6 p.m.

September 19

Start Smart
3:45 - 4:45 p.m.

September 20

Sports and Fitness
3:45 - 4:45 p.m.
Tech Club
4 - 5 p.m.

Attention:

The Teen Center will be CLOSED on
Saturday, September 16 for BGCA
"Day for Kids" & on Saturday,
September 30 for Youth Leadership
Forum "Teen Fiesta"

Note: The Teen Center is open Fridays and
Saturdays from 7 to 11 p.m. except during
the Youth Center's Midnight Basketball
nights.

MOBILIZATION NEW YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888

Monday to Sunday -- 7 a.m. to 10 p.m.
During the day **Start Tour** buses are used,
in evening the military **Blackbird** buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044

Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mail

723-6100

Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

734-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307

Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272

Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Recreation Center

562-4956

Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Dining Facilities

Bldgs. 5640 and 5986

Breakfast Mon - Sun 5:30 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.

Bldg. 5985 (FOB)

Breakfast Mon - Sun 5 to 6:30 a.m.
Dinner Mon - Sun 6 to 7:30 p.m.

Outdoor Recreation

562-6667

Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards,
canoes, flat bottom boats, canopies of various sizes,
tents, tables, chairs and more.

Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Computer Lab

562-5228

Delaware Ave. & First St.
Tuesday to Friday - 1 p.m. to 9 p.m.
Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station

723-4705

East Arnold Avenue by th 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Firestone

723-0464

Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

McGuire Shoppette

723-4705

East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Burger King

723-8937

Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Spouses' Club Thrift Shop

723-2683

Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Family Advocacy

562-5200

Chaplain

562-5721/2020

American Red Cross

562-2258

Army Emergency Relief

562-2767





Guard Soldiers tackle training



Cpl. Angel Gonzalez, of the New Jersey Army National Guard's 114th Infantry, above, takes a serious stance during Civil Disturbance training Sept. 10 at Fort Dix. The 114th Soldiers line up to enter a common task training building being used to simulate civil disturbance training, above right. Two 114th Soldiers begin clearing a building, far right, and Pfc. James Razkowski, near right, is "taken into custody."

photos by Sgt. 1st Class David Moore, JFHQ-PAO



Youth Center, Bldg 1279 Locust St, Fort Dix, New Jersey

BGC Day For Kids

Sponsored by Fort Dix Child & Youth Services

Saturday, Sept 16, 2006
1 pm-4pm

Food, Dunk Tank, Dare Car, Face Painting, Family Quilt,
Family Pictures, Volleyball, Basketball, Family Relays,
Youth Sports, Punt, Pass and Kick Contest



Yellow banners fly high

Capt. Frank Brown, company commander, 1st/213th Air Defense Artillery, Charlie Battery, and 1st Sgt. Bill Jones, left, raise the yellow banner that will be displayed along with many others over Infantry Park signifying the unit's deployment in support of the Global War on Terrorism. Capt. Christopher Call, company commander, 1st/148th Infantry, Ohio National Guard, and 1st Sgt. John Shultz, right, do the same.

photos by Wayne Cook



Charging ahead for grid-iron glory



PLAY MAKER -- Brandon Hawkins, above, scores one of three touchdowns for the Fort Dix Chargers Pee-wees. Anthony Shoffner, right, adds to the Pee-wees' running attack. The Pee-wees dominated on both sides of the ball as they rolled over Hamilton North 20-0 to get their season off to a strong 1-0 start. The Mitey-Mites fought back after trailing 13-0 early in the game. The Mitey-Mites tied the game late in the fourth quarter, but fell short of victory. Sean Hogs and Tarel Grant, below, show the never-give-up attitude that brought the Mitey-Mites within inches of victory.



Ed Mingin
Public Affairs Staff

Football season is in full swing and the Fort Dix Chargers hosted their first game of the year this past Sunday. The Chargers had a strong showing, with two of their three teams going on to victory.

The Mitey-Mites showed a lot of heart and determination, but fell just short of victory, losing 20-13 to Hamilton North.

This year's Mitey-Mite team is starting from scratch with a new coaching staff and a batch of new players.

"We only have two returning players from last year's team. None of the other kids have ever played organized football," said Ron Jones, one of the Mitey-Mite's new coaches. "After falling down early 13-0 the kids displayed the 'never quit attitude' and tied the game 13-13 late in the fourth quarter."

The Midget division saw Fort Dix beat Hamilton North 13-0. The Chargers moved the ball at will with a solid running game that took advantage of the North Stars smaller size.

Defensively, Fort Dix owned the North Stars. The Chargers completely shut down their opponent.

For the Pee-wees, it was total domination. Fort Dix did everything they had to do to pull off an impressive 20-0 victory. They ran the ball well, advanced the ball through the air, and the defense shutdown the North Star's offensive attack.

This Pee-wee team has experience well beyond their years, and have had a lot of success in the younger division.

"Most of the players are from the Mitey-Mite team that went undefeated two years ago," said Charger's coach Steve Uzleber.

photos by Ed Mingin



"Actually some were with me last year but they were small and young for this level. This year they have developed into the type of players it takes to succeed at the Pee Wee division."

There are also a few new additions to the Pee-wee team that has the coach optimistic about the season.

"We picked up a few new kids like Anthony O'Donnell and Anthony Elliott who have earned starting positions," said Uzleber.

Uzleber had taken this group of players all the way to the

championship when he was the Mitey-Mites coach two years ago.

"My system changes every year," said Uzleber. "Offense and defense is geared around the type of players we have. I don't like to be one dimensional, we can pass, run the power game, or pitch it outside."

"What makes these kids successful is their dedication, hard work and their love of the game."

The Chargers will be at home again this Sunday, when they host the New Egypt Warriors.



CLEARING THE WAY -- The Chargers control the running game in the Midget division with strong blocking by Jonathan Roseboro, above. The Midgets beat Hamilton North 13-0 with their vicious ground attack.



GETTING A BREATHER -- Zachary Nelson trots off the field for a quick break after making a play for the Mitey Mites.



JRC, MRB rule the roost



photos by Ed Mingin



Played to perfection

Maj. George Gatling, brigade executive officer for the ROTC programs in Pennsylvania, New Jersey, and New York City, displays his "perfect" bowling ball and the United States Bowling Congress (USBC) ring received for bowling a 300 game. Gatling was participating in the Tuesday Nite Keglers Summer League at the Fort Dix Bowling Center when he hit the magical number. Gatling achieved his perfect game after more than 25 years as an avid bowler.

There was a chill in the air when the flag football season got underway this past Tuesday. MWR played a close game against JRC. In the end, MWR came up one point short, losing 14-13. Mark Colby, above of MWR, scrambles behind his line-men, above left, during the game. MRB were the other victors in Tuesday's games, beating EOD 21-14.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m..
Closed weekends

Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Special Hours

The Griffith Field House will be closed Sept. 14 - 17. It will reopen 11 a.m. Sept. 18. While the Field House is closed, the Doughboy Gym will be open regular hours. Call 562-4888 for additional information.

Fall Classic Fun Run

There will be a Fun Run at the Griffith Field House Sept. 20. Runners will meet at the Field House for the noon start time.

This is a 5K event and will be held rain or shine. There is a \$6 entry fee. Call 562-4888 for more information.

Golf

The next Commander's Cup is scheduled for Sept. 20. Anyone wishing to participate

should register a week in advance.

The Warrior Cup is scheduled for Sept. 16-17.

The Club Championship will be held Sept. 23-24.

Call the Golf Course at 562-5443 for more information about these events.

Aquatics

Winter hours are now in place for the indoor pool.

Lap Swim

Mon. - Fri.
Retirees/adult dependents/
working DOD

6 a.m. - 8 a.m.

10 a.m. - 11:30 a.m.

Active duty/working DOD

11:30 a.m. - 1 p.m.

Sat.

Retirees/adult dependents/
working DOD

10:30 a.m. - noon

Rec. Swim

Mon. - Fri.

1 p.m. - 5 p.m.

Sat.

Noon - 6 p.m.

Fees for Rec. Swim: Military-

\$2 Non-military-\$4

Hydro Aerobics

Mon. and Wed.

7:30 p.m. - 8:30 p.m.

Sat.

10:30 a.m.

Cost: \$3 per visit.



Soldier reenlists, receives \$15,000 lump-sum bonus

Staff Sgt Robert W. Horan of the 2/309 Training Support Battalion, Kelley Reserve Center, near left, is administered the oath of reenlistment for an indefinite period by Maj. Scott Fitzgerald. Horan will receive a \$15,000 reenlistment bonus in a lump sum. "Basically, I extended my contract not just for the money, but to further my military career and to train Soldiers," said Horan, who displays his reenlistment check with Sgt. 1st Class Dennis Jackson, right.

photos by Maj. Ronald Ford Jr.

